# Informed Consent

## Scar Revision Surgery

©2020 American Society of Plastic Surgeons®. Purchasers of the *Informed Consent Resource* are given a limited license to modify documents contained herein and reproduce the modified version for use in the Purchaser's own practice only. The American Society of Plastic Surgeons® does not authorize the use of these documents for purposes of any research or study. All other rights are reserved by the American Society of Plastic Surgeons®. Purchasers may not sell or allow any other party to use any version of the *Informed Consent Resource,* any of the documents contained herein or any modified version of such documents.

## INSTRUCTIONS

This is an informed consent document to help you learn about scar revision surgery. It will outline the risks and other treatments.

It is important that you read the whole document carefully. Please initial each page. Doing so means you have read the page. Signing the consent agreement means that you agree to the surgery that you have talked about with your plastic surgeon.

## GENERAL INFORMATION

It is common to fix scars through surgery. Scars form as a result of injuries, diseases, or surgeries. They can't be avoided. It is impossible to totally remove a scar, but plastic surgery can make them look and feel better. There are many ways to treat scars, including surgery. To get the results you want, you may need to have more treatment. You can use creams or gels on your skin. You can also go in for injections, radiation, and physical or hand therapy.

## OTHER TREATMENTS

You don't have to have surgery to treat your scar(s). There are other treatments that might work for you. You can also choose to have no treatment at all. You can go in for other treatments like using creams or gels. You can also get injections of cortisone-type drugs into the scar. Radiation can also be used to treat scars. In some cases, wearing special tight garments or devices over the scar can help. You can also opt for skin resurfacing, laser treatments, and other surgical techniques. All treatments have their own risks and possible problems.

## RISKS OF SCAR REVISION SURGERY

Every surgery has risks. It is important that you understand the risks and the possible problems that can result from them. All procedures have limits. Choosing to have a surgery means comparing the risks and benefits. Most patients do not face problems, but you should talk about them with your plastic surgeon. Make sure you understand all possible outcomes of scar revision surgery.

## SPECIFIC RISKS RELATED TO SCAR REVISION SURGERY

### Bleeding:

You may have bruising or bleeding after your procedure. How much you bleed, or bruise can vary. You might have mild bruising that heals easily. You might also have serious blood loss that requires medical attention. You may need blood transfusions or other procedures to stop the bleeding and drain any collected blood. Each procedure has its own risks. In very rare cases, a blood transfusion may give you a known or unknown infection. Be sure to tell your surgeon about every medication and non-prescription herb or supplement you are taking. Some such medications may increase the risk of bleeding during or after surgery.

### Infection:

You may get an infection after any procedure. Sometimes these infections aren't directly linked to the part of the body that was operated on, like pneumonia or a urinary infection. The infection can be minor or even life-threatening. If you get an infection, you may need more treatment like antibiotics, hospitalization, or surgery. It is important to tell your surgeon about any current or previous infections you may have had, even if they are minor. Tell your doctor about any serious infections, such as methicillin-resistant *Staphylococcus aureus* (MRSA) infections. You should also tell your doctor about less serious infections or injuries like an open wound, a recent upper respiratory infection or pneumonia, ingrown toenails, insect bites, tooth problems, or urinary infection. Talk about any infection or health issue you've had recently. Infections in other parts of the body may lead to an infection in the area where you've had surgery.

 _____ **Patient Initials** ©2020 American Society of Plastic Surgeons®

This form is for reference purposes only. It is a general guideline and not a statement of standard of care. Rather, this form should be edited and amended to reflect policy requirements of your practice site(s), CMS and Joint Commission requirements, if applicable, and legal requirements of your individual states. The ASPS does not certify that this form, or any modified version of this form, meets the requirements to obtain informed consent for this procedure in the jurisdiction of your practice.

## Pain:

Having pain after surgery is normal. Your surgeon may prescribe medication to reduce your discomfort. If you take medication, you must follow the instructions carefully. These medications can have serious side effects. They may be dangerous if you take too much. Using these medications may lead to addiction (especially in the case of opioids). Talk to your doctor if you have a history of trouble with any pain medication. Tell your doctor about your history with addiction of any kind. If you have any questions about medication, discuss it with your doctor.

## Scars:

All surgeries leave scars, even surgeries that fix other scars. Some are more visible than others. Your surgeon will try to make sure your scar is small and barely visible. However, everyone heals differently. Your scar may be more visible than for other people. Some scars may be raised, thick, and wide. Some may be discolored, uneven, painful, and may look bad. With some surgeries, scar tissue may form around deeper structures. This may cause other issues in the area that's been operated on.

## Loss of Function:

In a scar revision surgery, scars that seem to only involve the surface of the skin may be removed. In some cases, scars can also involve deeper structures. These deeper structures can include muscles, bones and joints, blood vessels, nerves that allow you to move and feel your body, and smaller vessels called lymphatic vessels. When deeper structures are involved, the process of removing your scar could change how these structures work. That can lead to problems with strength, movement, and feeling in the area. You may also experience swelling and pain. If you have any problems like this, tell your doctor at once.

## Poor Results:

Although most people have good results from this surgery, there is no guarantee. Everybody is different and no one's body is perfectly symmetrical or even. Your surgeon may not know about some of these natural issues. Many issues with unevenness cannot be fully fixed with surgery. The more realistic your expectations are, the better your results will be. Some patients never get their desired results. This is not the fault of the surgeon or procedure. You may not be happy with the results of your surgery. You may see different results after surgery. These can sometimes include unevenness, unexpected shape and size, and loss of function. You may also have wounds, poor healing, scars, changes in appearance, or loss of feeling. In some cases, the issue for which you had surgery could come back. You may choose to have more surgery to get a result you are happy with.

It can be stressful to see results you don't like. Before surgery, talk to your surgeon about any doubts you have. Tell your doctor if you have a history of depression or mental health disorders. Although many people are happy after surgery, it's impossible to predict what effect surgery may have on your mental health.

## NEED FOR MORE SURGERY (RE-OPERATION)

Many things may affect the results of your surgery. This can be after surgery or in the future. You may need to have more surgeries to get the results you want. This can include tightening, moving, shifting, or removing things. The results from surgery are often not permanent. They are likely to change over time. In the future, you may want to make more changes to the appearance or function of your body for various reasons. These changes may come because of aging, sun exposure, weight loss or gain, pregnancy, and menopause. It could also include other factors not related to your surgery.

There may be additional costs for further procedures like this. This could include surgical fees, facility and anesthesia fees, and pathology and lab testing. Talk to your surgeon about who is responsible for paying for any additional procedures.

 _____ **Patient Initials** ©2020 American Society of Plastic Surgeons®

This form is for reference purposes only. It is a general guideline and not a statement of standard of care. Rather, this form should be edited and amended to reflect policy requirements of your practice site(s), CMS, and Joint Commission requirements, if applicable, and legal requirements of your individual states. The ASPS does not certify that this form, or any modified version of this form, meets the requirements to obtain informed consent for this procedure in the jurisdiction of your practice.

## DISCLAIMER

Informed consent documents give you information about a surgery you are considering. These documents explain the risks of that surgery. They also discuss other treatment options, including not having surgery. This document is made after a full review of scientific literature and clinical practices. They describe a range of common risks and other forms of management of a disease.
However, informed consent documents can't cover everything. Your plastic surgeon may give you more or different information. This may be based on the facts of your case.

Informed consent documents are not meant to define or serve as the standard of medical care. Standards of medical care are determined based on the facts involved in an individual case. They may change with advances in science and technology. They can also change with the way doctors practice medicine.

**It is important that you read the above information carefully and get all your questions answered before signing the consent agreement on the next page.**

 _____ **Patient Initials**

©2020 American Society of Plastic Surgeons®

This form is for reference purposes only. It is a general guideline and not a statement of standard of care. Rather, this form should be edited and amended to reflect policy requirements of your practice site(s), CMS, and Joint Commission requirements, if applicable, and legal requirements of your individual states. The ASPS does not certify that this form, or any modified version of this form, meets the requirements to obtain informed consent for this procedure in the jurisdiction of your practice.

# CONSENT FOR PROCEDURE OR TREATMENT

1. I permit Dr. Thomas Jeneby and the doctor's assistants to do the **scar revision surgery.**
2. I got the information sheet on **scar revision surgery.**
3. I understand that, during the procedure, an unexpected situation may require a different medical procedure than the procedure listed above. I permit the doctor listed above, the assistants, and/or designees to provide any treatment(s) that my doctor thinks are needed or helpful. My permission includes all treatments that my doctor does not plan to do at the start of the procedure.
4. I understand what my surgeon can and cannot do. I understand that no warranties or guarantees have been hinted at or stated outright about the outcome of the procedure. I have explained my goals. I understand which outcomes are realistic and which are not. All my questions have been answered. I understand the procedure's risks. I am aware of other risks and possible issues, benefits, and options. I understand and choose to have the procedure.
5. I agree to the anesthetics and medications that are needed or helpful. I understand that all types of anesthesia have risks and may result in complications, injury, and even death.
6. I am aware of the serious risks to my health when blood products are used. I agree to my doctor using them if my doctor, assistants, and/or designees think they are needed or helpful.
7. I agree to the disposal of any tissue, medical devices, or body parts taken out during or after this procedure. I also agree to any additional surgeries or treatments that are needed or helpful.
8. I agree to have parts of my body photographed or televised appropriately before, during, and after the procedure for medical, scientific, or educational reasons, if the pictures do not reveal my identity.
9. For medical education, I agree that onlookers can be in the operating room.
10. I permit my Social Security Number to be given to the right agencies for legal reasons and medical device registration, when necessary.
11. I agree to the charges for this procedure. I understand that the doctor's charges are separate from the charges for the hospital and the anesthesia. I understand that there may be more charges if more procedures or treatments are needed or helpful. I agree to those charges, if any.
12. I understand that not having the procedure is an option and that I can opt out of having the procedure.
13. IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:
    a. THE ABOVE PROCEDURE OR TREATMENT TO BE PERFORMED
    b. THERE MAY BE OTHER PROCEDURES OR TREATMENTS
    c. THERE ARE RISKS TO THIS PROCEDURE OR TREATMENT

I CONSENT TO THE PROCEDURE OR TREATMENT AND THE ABOVE LISTED ITEMS (1-13).
I AM SATISFIED WITH THE EXPLANATION AND HAVE NO ADDITIONAL QUESTIONS.

_____

Patient or Person Authorized to Sign for Patient  Date/Time

_____

Witness  Date/Time



**_____ Patient Initials**

©2020 American Society of Plastic Surgeons®