Informed Consent

Calf Implant

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INSTRUCTIONS

This is a document to help you learn about **calf implants**, its risks, and other treatments.

It is important that you read the whole document carefully. Please initial each page. Doing so means you have read the page. Signing the consent agreement means that you agree to the surgery that you have talked about with your plastic surgeon.

GENERAL INFORMATION

Calf implants are specially made to suit the human body. They can make your lower legs look better. The best type and size for you depends on your goals, the features you wish to correct, and your surgeon's judgment. The human body normally differs between the right and left sides, so your results may also vary. Calf implant surgery may be done alone or with other body shaping options.

OTHER TREATMENTS

Calf implant surgery is an elective operation. You could choose not to have surgery. Your surgeon could also shape your calf by moving fat tissue.

RISKS OF CALF IMPLANTS

Every surgery has risks. It is important that you understand the risks and the possible problems that can result from them. All procedures have limits. Choosing to have a surgery means comparing the risks and benefits. Most patients do not face problems, but you should talk about them with your plastic surgeon. Make sure you understand all possible outcomes of calf implant surgery.

SPECIFIC RISKS OF CALF IMPLANTS

Implants:

Calf implants can fail. They can break. A broken implant cannot be fixed. It must be taken out and a new one should be put in. Small pieces can also come off from the implant's surface. We do not know why this happens, but it has no effect on health.

Implant Exposure & Tissue Death:

The implant may be exposed if there is less tissue to cover it or if you have an infection. If the tissue dies, the implant can be exposed. In such cases, the implant must be taken out. Tissue may die due to steroids, treatments for cancer, smoking, and too much of heat or cold therapy. In some cases, cuts do not heal normally. If this happens, the implant may need to be removed. These scars may not go.

Nerve Injury:

Motor and sensory nerves may be injured during surgery. You may have weakness, numbness, or pain. It is rare that numbness or painful nerve scars never get better.

Damage to Structures:

Nerves, blood vessels, and muscles, may be damaged during surgery. The risk of this varies with the type of implant used. The damage caused may or may not get better.

Chronic Pain:

Very rarely, you may have ongoing pain after implant surgery.

Implant Visibility:

In some cases, the implant's edges can be seen or felt.

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Skin Sensation:
You may have some change in skin feeling after surgery. This is common. It will be back to normal in a few months.

Implant Shift:
Implants may drop, turn, or shift position. This can make you feel uneasy or change the shape of your leg. You may need more surgery to put the implant back in place.

Bleeding:
It is possible, though rare, to have bleeding during or after surgery. Bleeding may call for emergency treatment to drain a hematoma. Do not take any aspirin or anti-inflammatory medicine for ten days before surgery, as this may increase the risk of bleeding. Any "herbs" and dietary supplements can also increase the risk of bleeding.

Seroma:
A seroma is the buildup of fluid around the implant. Surgery, shock, or heavy exercise can cause a seroma. You will need treatment to drain it as it may lead to infection or other problems.

Infection:
Infection is rare after such a surgery. It may appear any time after surgery and may be hard to diagnose. You might need to take antibiotics or go in for more surgery to fix this. The implant makes infection harder to treat. If antibiotics do not work, the implant may have to be taken out. It can usually be put back in after the infection clears up. It is very rare that an infection in another part of the body can lead to infection near the implant. However, you may consider asking for preventive antibiotics for later dental work or surgery.

In rare cases, infections such as toxic shock syndrome can lead to death.

Scars:
It is rare to have large scars. In some cases, scars may look bad. It may take more surgery to fix this.

Anesthesia:
Both local and general anesthesia have risks. Problems, injuries, and even death can result with all forms of anesthesia.

Allergies:
In rare cases, tape, suture material, or medicines can trigger local allergies. You may have serious reactions to drugs used in surgery and some medicines. Such reactions may need more treatment.

Pain:
The level of pain and how long it may last may vary after surgery. Pain may stay after surgery.

Long Term Results:
Later changes in leg shape may occur due to aging, shock, weight change, or other factors not related to the surgery.

Unsatisfactory Results:
You may be unhappy with the surgery. You may see an unevenness in the way the implant is put. The location of the implant and shape and size of your leg may also change. You may see scars. You will need more surgery to fix this or remove the implant.

 _____ **Patient Initials**
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Death or Major Injury:

In very rare cases after surgery, you may have a stroke, heart attack, or even die.

DISCLAIMER

Informed consent documents give you information about a surgery you are considering. These documents explain the risks of that surgery. They also discuss other treatment options, including not having surgery. However, informed consent documents can't cover everything. Your plastic surgeon may give you more or different information. This may be based on the facts of your case.

Informed consent documents are not meant to define or serve as the standard of medical care. Standards of medical care are determined based on the facts involved in an individual case. They may change with advances in science and technology. They can also change with the way doctors practice medicine.

It is important that you read the above information carefully and get all your questions answered before signing the consent agreement on the next page.

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CONSENT FOR PROCEDURE OR TREATMENT

1. I permit Dr. Thomas Jeneby and the doctor's assistants to do the procedure **Calf Implant.**
2. I got the information sheet on Calf Implant.
3. I understand that, during the surgery, an unexpected situation may require a different medical procedure than the surgery listed above. I permit the doctor listed above, the assistants and/or designees to provide any treatment that my doctor thinks is needed or helpful. My permission includes all treatments that my doctor does not plan to do at the start of the surgery.
4. I understand what my surgeon can and cannot do. I understand that no warranties or guarantees have been hinted at or stated outright about the outcome of the surgery. I have explained my goals. I understand which outcomes are realistic and which are not. All my questions have been answered. I understand the surgery's risks. I am aware of other risks and possible issues, benefits, and options. I understand and choose to have the surgery.
5. I agree to the anesthetics that are needed or helpful. I understand that all types of anesthesia have risks and may result in complications, injury, and even death.
6. I am aware of the serious risks to my health when blood products are used. I agree to my doctor using them if my doctor, assistants, and/or designees think they are needed or helpful.
7. I agree to the disposal of any tissue, medical devices, or body parts taken out during or after surgery. I also agree to any additional surgeries or treatment that is needed or helpful.
8. I agree to have parts of my body photographed or televised appropriately before, during, and after the surgery for medical, scientific, or educational reasons, if the pictures do not reveal my identity.
9. For medical education, I agree that onlookers can be in the operating room.
10. I permit my Social Security Number to be given to the right agencies for legal reasons and medical device registration, when necessary.
11. I agree to the charges for this surgery. I understand that the doctor's charges are separate from the charges for the hospital and the anesthesia. I understand that there may be more charges if more procedures or treatments are needed or helpful. I agree to those charges, if any.
12. I understand that not having the surgery is an option and that I can opt-out of having the surgery.
13. IT HAS BEEN EXPLAINED TO ME IN A WAY THAT I UNDERSTAND:
    a. THE ABOVE SURGERY TO BE PERFORMED
    b. THERE MAY BE OTHER SURGERIES OR TREATMENT OPTIONS
    c. THERE ARE RISKS TO THE SURGERY

I CONSENT TO THE SURGERY AND THE ITEMS THAT ARE LISTED ABOVE (1-13).
I UNDERSTAND THE EXPLANATION AND HAVE NO MORE QUESTIONS.

_____

Patient or Person Authorized to Sign for Patient Date/Time

_____

Witness Date/Time

_____ Patient Initials

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