



PLASTIC & COSMETIC
CENTER OF SOUTH TEXAS

HISTORY AND PHYSICAL

Name: _____ Date: _____

Social

Age: _____ Sex: M___ F___ Married: Y___ N___ Occupation: _____
Responsible adult available to assist during recovery period: Y___ N___ Relation: _____

Habits

Smoke: Y___ N___ Amount: _____ Coffee/Tea/Cola: Y___ N___ Amount: _____
Former Smoker: Y___ N___ Last date of use: _____
Alcohol: Y___ N___ Amount: _____ Daily Exercise: Y___ N___ Amount: _____
Former alcohol use: Y___ N___ Last date of use: _____ Type of exercise: _____

Medications: List dose or number of pills per day. Please list ALL MEDICATIONS including Adderall or other amphetamines, steroids, hormones (estrogen, testosterone, growth hormone)

Prescription Drugs _____ Non-Prescription Drugs (vitamins, herbs) _____

***ARE YOU CURRENTLY OR HAVE YOU BEEN ON ANY BIRTH CONTROL? Y___ N___ Last date of use: _____**
NUVA RING? Y___ N___ IUD? Y___ N___ Implanon? Y___ N___ Other: _____
Dosage & Frequency: _____

Regular Aspirin Use: Y___ N___ Dosage & Frequency: _____
NSA (Advil, Motrin, Ibuprofen) Y___ N___ Dosage & Frequency: _____
Cortisone Injections Past Year: Y___ N___ Dosage & Frequency: _____
Latex allergy: Y___ N___ Tape Allergy: Y___ N___ Drug Allergy: Y___ N___ List drugs and type of reaction: _____

Family History: Have any blood relatives ever had the following problems:

Abnormal bleeding: Y___ N___ Coronary Surgery: Y___ N___ Kidney Disease: Y___ N___
Abnormal Clotting: Y___ N___ Diabetes: Y___ N___ Tuberculosis: Y___ N___
Anesthetic Problems: Y___ N___ Heart Attack: Y___ N___ Other Serious Illness: Y___ N___
Cancer: Y___ N___ Hypertension: Y___ N___
Please describe questions with a "yes" answer: _____

Personal Past History: Have you ever had:

Abnormal bleeding: Y___ N___ Asthma: Y___ N___ Hypertension: Y___ N___
Abnormal Clotting: Y___ N___ Diabetes: Y___ N___ Sleep Apnea: Y___ N___
Acid Regurgitation: Y___ N___ Fainting Spell: Y___ N___ Snoring: Y___ N___
Anemia: Y___ N___ Heart Attack: Y___ N___ Weight Change past 12 months Y___ N___
Angina: Y___ N___ Hepatitis: Y___ N___ Other serious Illness: Y___ N___
Cancer: Y___ N___ Chemo/Radiation _____ Thyroid problem: Y___ N___
Please describe questions with a "yes" answer _____

Previous history of drug/alcohol abuse? _____

History of rehab/methadine clinic/suboxine clinic? _____

Have you ever received a transfusion? Y___ N___ If yes, what year? _____

Have you been tested for HIV? Y___ N___ If yes, what year? _____ Test results: Positive ___ Negative ___

Do you wear contact lenses? Y___ N___ Eye glasses? Y___ N___ Hearing aid? Y___ N___ Dentures? Y___ N___

Previous surgery? Year and type of procedure: (Please include C-sections) _____

Indicate the type(s) of anesthesia received in the past, list any complications/reactions you experienced:

___ local anesthesia: complications/reactions _____

___ General anesthesia: complications/reactions _____

___ Spinal/Epidural: complications/reactions _____

Primary Care Physician name: _____ Phone: _____

Address: _____ Date last seen by Primary Care Physician: _____

Women Patients Only:

Number of pregnancies: ___ Number of children: ___ Last menstrual period: _____ Did you breast feed? Y___ N___

TO BE COMPLETED BY PHYSICIAN

Review of Systems Y___ N___ Irregular Heart Beat Y___ N___ Normal Menstrual Period Y___ N___

Loose Dental Devices Y___ N___ Vomiting Y___ N___ Current Pregnancy Y___ N___

Neck Mobility Problem Y___ N___ Difficult voiding Y___ N___ Cough Y___ N___

Short Neck Y___ N___ Seizure Y___ N___ Shortness of Breath Y___ N___

Chest Pain Y___ N___ Obesity Y___ N___ Black out Y___ N___

Stroke Y___ N___ Recent Upper Respiratory Infection Y___ N___

Comments: _____

Physical Exam

Height: _____ Weight: _____ Blood Pressure: _____ Pulse: _____ Temp: _____

General Status Comment

HEENT: _____ Vision: _____ Pharynx: _____ Dental Device: _____

Pulmonary: _____

Heart: _____

Abdomen: _____

Extremity: _____

Neurologic (if applicable): _____

Comments: _____

Laboratory (if applicable)

H/H: _____ Potassium: _____ WBC: _____

PT: _____ BUN: _____ Chest X-Ray: _____

Mammogram: _____ EKG (pt over 40): _____ CO₂: _____

Pregnancy Test: _____ Sodium Chloride: _____ Creatinine: _____

Comments: _____

ASA CLASSIFICATION

P1 A normal healthy patient

P2 A patient with mild systemic disease

P3 A patient with severe systemic disease

P4 A patient with severe systemic disease that is a constant threat to life